

COMPENDIUM – THE PSYCHOLOGY OF AGING

York University Centre for Aging Research and Education (YU-CARE)

The research produced by YU-CARE members and associates* along the theme of the psychology of aging is impactful at the individual, organizational, and societal levels. Research spans from topics including:

The role of drama in aging.....	2
Perception and stereotyping of aging.....	2
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Mental illness, illness, and the aging experience.....	4

*Authors shown in bold indicate a YU-CARE committee or associate member.

Please click the hyperlink (content highlighted and underlined in blue) at each citation to find each article or abstract.

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THEME 1: THE PSYCHOLOGY OF AGING

Research explores the impact of the perception and stereotyping of aging on older adults; the role of mental illness and illnesses in the aging experience; psychosocial components that diversify the aging experience; and the role of drama and art in transforming care practices and the perception of aging by older adults and society.

1.1 THE ROLE OF DRAMA IN AGING

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2. Dupuis, S.L., **Mitchell**, G.J., **Jonas-Simpson**, C.M., Whyte, C.P., Gillies, J.L., Carson, J.D. (2015). Igniting transformative change in dementia care through research-based drama. *The Gerontologist*, *56*:6, 1042-1052.
3. Malone, M. R., & **Meisner**, B. A. (2015). Nebraska: Oscar® winning representations of aging and older adults. *Journal of Ethics in Mental Health*, *10*(1), 1-5.
4. Dupuis, S. L., Gillies, J., **Mitchell**, G. J., **Jonas-Simpson**, C., Whyte, C., & Carson, J. (2011). Catapulting shifts in images, understandings, and actions for family members through research-based drama. *Family Relations*, *60*(1), 104-120.
5. **Mitchell**, G. J., Dupuis, S., & **Jonas-Simpson**, C. (2011). Countering stigma with understanding: The role of theatre in social change and transformation. *Canadian Theatre Review*, *146*.
6. **Mitchell**, G. J., Dupuis, S., **Jonas-Simpson**, C., Whyte, C., Carson, J., & Gillis, J. (2011). The experience of engaging with research-based drama: Evaluation and explication of synergy and transformation. *Qualitative Inquiry*, *17*(4), 379–392.
7. Kontos, P. C., **Mitchell**, G. J., Mistry, B., & Ballon, B. (2010). Using drama to improve person-centred dementia care. *International Journal of Older People Nursing*, *5*, 159-168.
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10. **Jonas-Simpson**, C. (1997). Living the Art of the Human Becoming Theory. *Nursing Science Quarterly*, *10*(4), 175–179.

1.2 PERCEPTION AND STEREOTYPING OF AGING

1. Massie, A. S.,* & **Meisner, B. A.** (2019). Perceptions of aging and experiences of ageism as constraining factors of moderate to vigorous leisure-time physical activity in later life. *Society & Leisure*, 42(1), 24-42. doi: 10.1080/07053436.2019.1582903 [Note: Special Issue on Social Participation, Leisure, and Active Aging]
2. Dogra, S., Al-Sahab, B., Manson, J., & **Tamim, H.** (2015). Aging expectations are associated with physical activity and health among older adults of low socioeconomic status. [*Journal of Aging and Physical Activity*, 23\(2\), 180-186.](#)
3. **Harris, L. R.**, Carenvale, M. J., D'Amour, S., Fraser, L. E., Harrar, V., Hoover, A. E., ... Mander, C. (2015). How our body influences our perception of the world. [*Frontiers in Psychology*, 6.](#)
4. Malone, M. R., & **Meisner, B. A.** (2015). Nebraska: Oscar® winning representations of aging and older adults. [*Journal of Ethics in Mental Health*, 10\(1\), 1-5.](#)
5. **Meisner, B.**, Weir, P., & **Baker, J.** (2013). The relationship between aging expectations and various modes of physical activity among aging adults. [*Psychology of Sport and Exercise*, 14, 569-576.](#)
6. **Meisner, B. A.**, & Baker, J. (2013). An exploratory analysis of aging expectations and health care behavior among aging adults. [*Psychology & Aging*, 28\(1\), 99-104.](#)
7. **Mitchell, G. J.**, Dupuis, S. L., & Kontos, P. C. (2013). Dementia discourse: From imposed suffering to knowing other-wise. [*Journal of Applied Hermeneutics*.](#)
8. Sparks, C. R., **Meisner, B. A.**, & Young, B. W. (2013). Investigating general and self-expectations regarding aging in a physical activity context. [*International Journal of Sport Psychology*, 44\(1\), 17-36.](#)
9. **Meisner, B. A.** (2012). A meta-analysis of positive and negative age stereotype priming effects on behavior among older adults. [*The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 67\(1\), 13-17.](#)
10. Leung, K. K., Finlay, J., Silvius, J. L., Koehn, S., McCleary, L., Cohen, C. A., ... **Persaud, M.** (2011). Pathways to diagnosis: exploring the experiences of problem recognition and obtaining a dementia diagnosis among Anglo-Canadians. [*Health and Social Care in the Community*, 19\(4\), 372-381.](#)
11. Horton, S., **Baker J.**, Pearce, W., & Deakin, J.M. (2010). Immunity to popular stereotypes of aging? Seniors and stereotype threat. [*Educational Gerontology*, 36, 353-371.](#)

12. Dogra, S., **Meisner, B.**, & **Baker, J.** (2008). Psychosocial predictors of physical activity in older aged asthmatics. *Age and Ageing, 37*, 449-454.
13. Horton, S., **Baker, J.**, & Côté, J., & Deakin, J.M. (2008) Understanding seniors' perceptions and stereotypes of aging. *Educational Gerontology, 34*, 997-1017.
14. Horton, S., **Baker, J.**, Pearce, G.W., & Deakin, J.M. (2008). On the malleability of performance: Implications for seniors. *Journal of Applied Gerontology, 27*, 446-465.

1.3 THE HUMAN BEING AND THE EXPERIENCE OF AGING

1. Verschoor CP, **Tamim H.** (2018). Frailty is inversely related to age at menopause and elevated in women who have had a hysterectomy: an analysis of the Canadian Longitudinal Study on Aging. *J Gerontol A Biol Sci Med Sci*. doi: 10.1093/gerona/gly092. [Epub ahead of print] PubMed [citation] PMID: 29688443.
2. Hutchinson, S. L., Lauckner, H., **Meisner, B. A.**, Gallant, K. A., & Silversides, C. (2017). Fostering self-determination and sense of belonging through leisure education: Reflections on the Steps to Connect program. *Society & Leisure, 40(3)*, 360-376.
3. **Meisner, B.A.**, Dogra, S., Logan, A.J., **Baker, J.**, & Weir, P.L. (2010). Do or decline: Comparing the effects of physical inactivity on biopsychosocial components of successful aging. *Journal of Health Psychology, 15*, 688-696.
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5. **Daly, J.**, **Mitchell, G. J.**, & **Jonas-Simpson, C. M.** (1996). Quality of Life and the Human Becoming Theory: Exploring Discipline-Specific Contributions. *Nursing Science Quarterly, 9(4)*, 170-174.

1.4 MENTAL ILLNESS, ILLNESS, AND THE AGING EXPERIENCE

1. Fiocco, A. J., & **Meisner, B. A.** (2020). Mindful aging: The association between trait mindfulness and expectations regarding aging among middle aged and older adults. *Aging & Mental Health, 24(4)*, 591-595. doi: 10.1080/13607863.2018.1544216
2. **Tatham, E. L.**, **Shaikh, K. T.**, Vander Morris, S., Troyer, A. K., & **Rich, J. B.** (in press). Assessing one's sense of normalcy: Psychometric properties of the Subjective Normalcy Inventory. *Aging and Mental Health*. <https://doi.org/10.1080/13607863.2019.1699018>
3. **Gauthier, L.R.**, Dworkin, R.H., Warr, D., Pillai Riddell, R., Macpherson, A., Rodin, G., Zimmermann, C., Librach, S.L., Moore, M., Shepherd, F.A., & **Gagliese, L.** (April, 2018). Age-related patterns in cancer pain and its psychosocial impact: investigating the

role of variability in physical and mental health quality of life. *Pain Medicine*, 19(4):658-676. (6 citations)

4. Marcia Rioux and Tamara **Daly** (2019) “Constructing Disability and Illness” in *Staying Alive: Critical Perspectives on Health, Illness, and Health Care*. Edition III Eds. Dennis Raphael, Toba Bryant and Marcia Rioux, Canadian Scholars Press, 305 – 324 -- Forthcoming December 2019.
5. Fox, M.T., Al-Haj, M., & Ko, C. (2012). Why do Complex Continuing Care residents confine themselves to bed?” [*Perspectives, Journal of the Canadian Gerontological Nursing Association*, 35\(3\), 16-17.](#)
6. Stone, R.C., **Meisner**, B.A. & **Baker**, J. (2012). Mood disorders among older adults participating in individual and group active environments: ‘Me’ versus ‘us’, or both? [*Journal of Aging Research*.](#)
7. Lo, C., Lin, J., **Gagliese**, L., Zimmerman, C., Mikulincer, M., & Rodin, G. (2010). Age and depression in patients with metastatic cancer: the protective effects of attachment security and spiritual wellbeing. [*Ageing and Society*, 30\(2\), 326-336.](#)
8. Rapp, M. S., Flint, A. J., Herrmann, N., & **Proulx**, G.-B. (1992). Behavioural disturbances in the demented elderly: Phenomenology, pharmacotherapy and behavioural management*. [*The Canadian Journal of Psychiatry*, 37\(9\), 651–657.](#)
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