COMPENDIUM – DIVERSITY AND AGING

York University Centre for Aging Research and Education (YU-CARE)

The research produced by YU-CARE members and associates with regards to diversity and aging are impactful at the individual, organizational, and societal levels. Research spans from topics including:

Diversity in the aging experience	2
Psycho and socioeconomic conditions of healthy aging	2
Role of community programs in older adult living	3

*Authors shown in bold indicate a YU-CARE committee or associate member.

Please click the hyperlink (content highlighted and underlined in blue) at each citation to find each article or abstract.

For more information or trouble accessing links, please contact the YU-CARE Coordinator at <u>yu care@yorku.ca.</u>



DIVERSITY IN THE AGING EXPERIENCE

- 1. Verschoor CP, **Tamim H**. Frailty is inversely related to age at menopause and elevated in women who have had a hysterectomy: an analysis of the Canadian Longitudinal Study on Aging. J Gerontol A Biol Sci Med Sci. 2018 Apr 24. doi: 10.1093/gerona/gly092. [Epub ahead of print] PubMed [citation] PMID: 29688443.
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- 5. Weir, P. L., **Meisner, B. A.**, & Baker, J. (2010). Successful aging across the years: Does one model fit everyone? Journal of Health Psychology, 15(5), 680-687.
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PSYCHO AND SOCIOECONOMIC CONDITIONS OF HEALTHY AGING

- 1. Manson, J. D., **Tamim**, H., & **Baker**, J. (2017). Barriers and Promoters for Enrollment to a Community-Based Tai Chi Program for Older, Low-Income, and Ethnically Diverse Adults. Journal of Applied Gerontology, 36(5), 592–609.
- 2. Dogra, S., Al-Sahab, B., Manson, J., & **Tamim, H**. (2015). Aging expectations are associated with physical activity and health among older adults of low socioeconomic status. Journal of Aging and Physical Activity, 23(2), 180-186.
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4. Dogra, S., Meisner, B., & Baker, J. (2008). Psychosocial predictors of physical activity in older aged asthmatics. <u>Age and Ageing</u>, 37, 449-454.

ROLE OF COMMUNITY PROGRAMS IN OLDER ADULT LIVING

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- Hutchinson, S. L., Lauckner, H., Gallant, K. A., Stilwell, C. L.,* & Meisner, B. A. (2019). What does it take to build sustainable intersectoral recreation initiatives? Learning from the Consolidated Framework for Implementation Research (CFIR). Leisure/Loisir, 43(3), 291- 314. doi: 10.1080/14927713.2019.1629831
- Shah, S., Ardern, C., & Tamim, H. (2015). Predictors of Adherence in a Community-Based Tai Chi Program. <u>Canadian Journal on Aging / La Revue canadienne du</u> vieillissement 34(2), 237-246.
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