COMPENDIUM – DIVERSITY AND AGING

York University Centre for Aging Research and Education (YU-CARE)

The research produced by YU-CARE members and associates with regards to diversity and aging are impactful at the individual, organizational, and societal levels. Research spans from topics including:

[Diversity in the aging experience 2](#_Toc12284137)

[Psycho and socioeconomic conditions of healthy aging 2](#_Toc12284138)

[Role of community programs in older adult living 3](#_Toc12284139)

**\***Authors shown in bold indicate a YU-CARE committee or associate member.

Please click the hyperlink (content highlighted and underlined in blue) at each citation to find each article or abstract.

For more information or trouble accessing links, please contact the YU-CARE Coordinator at yu\_care@yorku.ca.

# Diversity in the aging experience

1. Mah, K., Tran, K. T., Gauthier, L. R., Rodin, G., Zimmermann, C., Warr, D., ... & Gagliese, L. (2018). Do Correlates of Pain-Related Stoicism and Cautiousness Differ in Younger and Older People With Advanced Cancer?. [JOURNAL OF PAIN,19(3), 301-316.](https://doi.org/10.1016/j.jpain.2017.11.002)
2. Cheung, W. Y., Lee, L. W., **Gagliese**, L., & Zimmermann, C. (2011). Age and gender differences in symptom intensity and symptom clusters among patients with metastatic cancer. [Support Care Cancer, 19, 417-423.](https://link.springer.com/content/pdf/10.1007/s00520-010-0865-2.pdf)
3. Kuk, J. L., & Arden, C. I. (2010). Age and sex differences in the clustering of metabolic syndrome factors. [Diabetes Care, 33(11), 2457-2461.](https://www.ncbi.nlm.nih.gov/pubmed/20699434)
4. Weir, P. L., **Meisner, B. A.**, & Baker, J. (2010). Successful aging across the years: Does one model fit everyone? [Journal of Health Psychology, 15(5), 680-687.](https://doi.org/10.1177/1359105309353648)
5. Gagliese, L. & Fillingim, R. Age and sex interactions in pain. (2003). *The International Journal of Sex Differences In The Study Of Health, Disease And Aging, 1, 1-8.*

# Psycho and socioeconomic conditions of healthy aging

1. Manson, J. D., **Tamim**, H., & **Baker**, J. (2017). Barriers and Promoters for Enrollment to a Community-Based Tai Chi Program for Older, Low-Income, and Ethnically Diverse Adults. [Journal of Applied Gerontology, 36(5), 592–609.](https://doi.org/10.1177/0733464815597315)
2. Dogra, S., Al-Sahab, B., Manson, J., & Tamim, H. (2015). Aging expectations are associated with physical activity and health among older adults of low socioeconomic status. [Journal of Aging and Physical Activity, 23(2), 180-186.](http://journals.humankinetics.com/doi/pdf/10.1123/japa.2012-0337)
3. McCleary, L., **Persaud**, M., Hum, S., JG, Pimlott, N., Cohen, C. A., Leung, K. K., ... Dalziel, W. B. (2012). Pathways to dementia diagnosis among South Asian Canadians. [Dementia, 12(6), 769-789.](https://onlinelibrary.wiley.com/doi/epdf/10.1111/j.1365-2524.2010.00982.x)
4. Dogra, S., Meisner, B., & Baker, J. (2008). Psychosocial predictors of physical activity in older aged asthmatics. [Age and Ageing, 37, 449-454](https://doi.org/10.1093/ageing/afn114)*.*

# Role of community programs in older adult living

1. Shah, S., **Ardern**, C., &**Tamim**, H. (2015). Predictors of Adherence in a Community-Based Tai Chi Program. [Canadian Journal on Aging / La Revue canadienne du vieillissement 34(2), 237-246.](https://muse.jhu.edu/article/581247/pdf)
2. Manson, J., Rotondi, M., Jamnik, V., **Arden**, C., & **Tamim**, H. (2013). Effect of tai chi on musculoskeletal health-related fitness and self-reported physical health changes in low income, multiple ethnicity mid to older adults. [BMC Geriatrics, 13(114), 1471-2318.](https://bmcgeriatr.biomedcentral.com/track/pdf/10.1186/1471-2318-13-114)

1. Manson, J. & Ritvo, P. & Ardern, C. & Weir, P. & Baker, J. & Jamnik, V. & Tamim, H. (2013). Tai Chi’s Effects on Health-Related Fitness of Low-Income Older Adults. [Canadian Journal on Aging / La Revue canadienne du vieillissement 32(3), 270-277.](https://muse.jhu.edu/article/521061/pdf)
2. Anderson, N. D., Damianakis, T., Kröger, E., Wagner, L. M., Dawson, D. R., Binns, M. A., . . . The BRAVO Team. (2014). The benefits associated with volunteering among seniors: A critical review and recommendations for future research. [Psychological Bulletin, 140(6), 1505-1533.](https://psycnet.apa.org/record/2014-35224-001?doi=1)