COMPENDIUM – DIVERSITY AND AGING

York University Centre for Aging Research and Education (YU-CARE)

The research produced by YU-CARE members and associates with regards to diversity and aging are impactful at the individual, organizational, and societal levels. Research spans from topics including:

[Diversity in the aging experience 2](#_Toc12284137)

[Psycho and socioeconomic conditions of healthy aging 2](#_Toc12284138)

[Role of community programs in older adult living 3](#_Toc12284139)

**\***Authors shown in bold indicate a YU-CARE committee or associate member.

Please click the hyperlink (content highlighted and underlined in blue) at each citation to find each article or abstract.

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# Diversity in the aging experience

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# Psycho and socioeconomic conditions of healthy aging

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# Role of community programs in older adult living

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2. Manson, J., Rotondi, M., Jamnik, V., **Arden**, C., & **Tamim**, H. (2013). Effect of tai chi on musculoskeletal health-related fitness and self-reported physical health changes in low income, multiple ethnicity mid to older adults. [BMC Geriatrics, 13(114), 1471-2318.](https://bmcgeriatr.biomedcentral.com/track/pdf/10.1186/1471-2318-13-114)

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