

A COMPENDIUM OF AGING-RELATED RESEARCH

YORK UNIVERSITY CENTRE FOR AGING RESEARCH AND EDUCATION (YU-CARE)

YU-CARE members study a vast span of themes and topics relevant to the aging experiences of peoples in Canada and around the world. This research is impactful at the individual, organizational, and societal levels.

Broadly, this research explores the themes of the psychology of aging; the physiology and biomechanics of aging; the cognitive neuroscience of aging; diversity; care work practices and delivery; and aging policy and healthy aging promotion.

The research included in this compendium is a complete resource of the **aging-specific** research produced by the YU-CARE Steering Committee and Associate members. However, it is only a snapshot of the broader research produced by the Centre's members, and is not inclusive of non-aging-specific research conducted by the faculty. Visit individual [faculty websites](#) for further details on such other groundbreaking works

*Authors shown in bold indicate a YU-CARE Committee or Associate member.

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THEME 1: THE PSYCHOLOGY OF AGING

Research explores the impact of the perception and stereotyping of aging on older adults; the role of mental illness and illnesses in the aging experience; psychosocial components that diversify the aging experience; and the role of drama and art in transforming care practices and the perception of aging by older adults and society.

1.1 THE ROLE OF DRAMA IN AGING

1. Kontos, P., Miller, K.-L., **Mitchell**, G. J., & Stirling-Twist, J. (2017). Presence redefined: The reciprocal nature of engagement between elder-clowns and persons with dementia. *Dementia, 16(1), 46–66.*
2. Dupuis, S.L., **Mitchell**, G.J., **Jonas-Simpson**, C.M., Whyte, C.P., Gillies, J.L., Carson, J.D. (2015). Igniting transformative change in dementia care through research-based drama. *The Gerontologist, 56:6, 1042-1052.*
3. Malone, M. R., & **Meisner**, B. A. (2015). Nebraska: Oscar® winning representations of aging and older adults. *Journal of Ethics in Mental Health, 10(1), 1-5.*
4. Dupuis, S. L., Gillies, J., **Mitchell**, G. J., **Jonas-Simpson**, C., Whyte, C., & Carson, J. (2011). Catapulting shifts in images, understandings, and actions for family members through research-based drama. *Family Relations, 60(1), 104-120.*
5. **Mitchell**, G. J., Dupuis, S., & **Jonas-Simpson**, C. (2011). Countering stigma with understanding: The role of theatre in social change and transformation. *Canadian Theatre Review, 146.*
6. **Mitchell**, G. J., Dupuis, S., **Jonas-Simpson**, C., Whyte, C., Carson, J., & Gillis, J. (2011). The experience of engaging with research-based drama: Evaluation and explication of synergy and transformation. *Qualitative Inquiry, 17(4), 379–392.*
7. Kontos, P. C., **Mitchell**, G. J., Mistry, B., & Ballon, B. (2010). Using drama to improve person-centred dementia care. *International Journal of Older People Nursing, 5, 159-168.*
8. **Jonas-Simpson**, C. M. (2003). The Experience of Being Listened to: A Human Becoming Study with Music. *Nursing Science Quarterly, 16(3), 232–238.*
9. **Jonas-Simpson**, C. M. (2001). Feeling Understood: A Melody of Human Becoming. *Nursing Science Quarterly, 14(3), 222–230.*
10. **Jonas-Simpson**, C. (1997). Living the Art of the Human Becoming Theory. *Nursing Science Quarterly, 10(4), 175–179.*

1.2 PERCEPTION AND STEREOTYPING OF AGING

1. Dogra, S., Al-Sahab, B., Manson, J., & Tamim, H. (2015). Aging expectations are associated with physical activity and health among older adults of low socioeconomic status. *Journal of Aging and Physical Activity, 23*(2), 180-186.
2. Harris, L. R., Carenvale, M. J., D'Amour, S., Fraser, L. E., Harrar, V., Hoover, A. E., ... Mander, C. (2015). How our body influences our perception of the world. *Frontiers in Psychology, 6*.
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4. Meisner, B., Weir, P., & Baker, J. (2013). The relationship between aging expectations and various modes of physical activity among aging adults. *Psychology of Sport and Exercise, 14*, 569-576.
5. Meisner, B. A., & Baker, J. (2013). An exploratory analysis of aging expectations and health care behavior among aging adults. *Psychology & Aging, 28*(1), 99-104.
6. Mitchell, G. J., Dupuis, S. L., & Kontos, P. C. (2013). Dementia discourse: From imposed suffering to knowing other-wise. *Journal of Applied Hermeneutics*.
7. Sparks, C. R., Meisner, B. A., & Young, B. W. (2013). Investigating general and self-expectations regarding aging in a physical activity context. *International Journal of Sport Psychology, 44*(1), 17-36.
8. Meisner, B. A. (2012). A meta-analysis of positive and negative age stereotype priming effects on behavior among older adults. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 67*(1), 13-17.
9. Leung, K. K., Finlay, J., Silvius, J. L., Koehn, S., McCleary, L., Cohen, C. A., ... Persaud, M. (2011). Pathways to diagnosis: exploring the experiences of problem recognition and obtaining a dementia diagnosis among Anglo-Canadians. *Health and Social Care in the Community, 19*(4), 372-381.
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11. Dogra, S., Meisner, B., & Baker, J. (2008). Psychosocial predictors of physical activity in older aged asthmatics. *Age and Ageing, 37*, 449-454.
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13. Horton, S., Baker, J., Pearce, G.W., & Deakin, J.M. (2008). On the malleability of performance: Implications for seniors. *Journal of Applied Gerontology, 27*, 446-465.

1.3 THE HUMAN BEING AND THE EXPERIENCE OF AGING

1. Hutchinson, S. L., Lauckner, H., **Meisner, B. A.**, Gallant, K. A., & Silversides, C. (2017). Fostering self-determination and sense of belonging through leisure education: Reflections on the Steps to Connect program. *Society & Leisure, 40*(3), 360-376.
2. **Meisner, B.A.**, Dogra, S., Logan, A.J., **Baker, J.**, & Weir, P.L. (2010). Do or decline: Comparing the effects of physical inactivity on biopsychosocial components of successful aging. *Journal of Health Psychology, 15*, 688-696.
3. Brandt, J., Campodonico, J. R., Rich, J. B., **Baker, L.**, Steele, C., Ruff, T., ... Lyketsos, C. (1998). Adjustment to residential placement in Alzheimer disease patients: Does premorbid personality matter? *International Journal of Geriatric Psychiatry, 13*, 509-515.
4. **Daly, J.**, **Mitchell, G. J.**, & **Jonas-Simpson, C. M.** (1996). Quality of Life and the Human Becoming Theory: Exploring Discipline-Specific Contributions. *Nursing Science Quarterly, 9*(4), 170–174.

1.4 MENTAL ILLNESS, ILLNESS, AND THE AGING EXPERIENCE

1. Fox, M.T., Al-Haj, M., & Ko, C. (2012). Why do Complex Continuing Care residents confine themselves to bed?" *Perspectives, Journal of the Canadian Gerontological Nursing Association, 35*(3), 16-17.
2. Stone, R.C., **Meisner, B.A.** & **Baker, J.** (2012). Mood disorders among older adults participating in individual and group active environments: 'Me' versus 'us', or both? *Journal of Aging Research*.
3. Lo, C., Lin, J., **Gagliese, L.**, Zimmerman, C., Mikulincer, M., & Rodin, G. (2010). Age and depression in patients with metastatic cancer: the protective effects of attachment security and spiritual wellbeing. *Ageing and Society, 30*(2), 326-336.
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5. **Proulx GB.** (1989) Management of Disruptive Behaviours in the Cognitively Impaired Elderly: Integrating Neuropsychological and Behavioural Approaches. In: Conn D.K., Grek A., Sadavoy J. (eds) *Psychiatric Consequences of Brain Disease in the Elderly: A Focus on Management. Springer, Boston, MA*
6. **Proulx, G.B.** & Campbell, K.B. (1987). The management of apparent "paranoid" behavior in a patient with multi-infarct dementia. *Clinical Gerontologist, 6*:2, 119-128.

THEME 2: PHYSIOLOGY, BIOMECHANICS, AND AGING

Researchers investigate the pain and chronic pain experiences and attitudes of older adults; the effects of age on the physical body; and the impact of physical activity and exercise on older adults.

2.1 PAIN AND AGING

1. **Gagliese**, L., Gauthier, L. R., Narain, N., & Freedman, T. (2018). Pain, aging and dementia: Towards a biopsychosocial model. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 87, 207-215.
2. Gauthier, L. R., Dworkin, R. H., Warr, D., Riddell, R. P., Macpherson, A. K., Rodin, G., ... **Gagliese**, L. (2017). Age-Related Patterns in Cancer Pain and Its Psychosocial Impact: Investigating the Role of Variability in Physical and Mental Health Quality of Life. *Pain Medicine*, 19(4), 658-676.
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4. Mah, K.*., Tran, K.T.*., Gauthier, L.R., Rodin, G., Zimmermann, C., Warr, D.G., Librach, S.L., Moore, M.J., Shepherd, F.A., & **Gagliese**, L. (2017). Psychometric evaluation of the Pain Attitudes Questionnaire-Revised for younger and older people with advanced cancer. Submitted to *The Journal of Pain*. *Co-first authors
5. Gauthier, L.R., Dworkin, R.H., Warr, D., Pillai Riddell, R., Macpherson, A., Rodin, G., Zimmermann, C., Librach, S.L., Moore, M., Shepherd, F.A., & **Gagliese**, L. (2017) Age-related patterns in cancer pain and its psychosocial impact: investigating the role of variability in physical and mental health quality of life. Submitted to *Pain Medicine*.
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8. **Gagliese**, L., & Melzack, R. (2003). Age-related differences in the qualities but not the intensity of chronic pain. *Pain*, 104, 597-608.
9. **Gagliese**, L., & Melzack, R. (1997). Chronic pain in elderly people. *Pain*, 70, 3-14
10. **Gagliese**, L., & Melzack, R. (1997). Lack of evidence for age differences in pain beliefs. *Pain Research and Management*, 2, 19-28.

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12. **Meisner, B. A.**, Linton, V., Séguin, A., & Spassiani, N. A. (2017). Examining chronic disease, pain-related impairment, and physical activity among middle-aged and older adults in Canada: Implications for current and future aging populations. *Topics in Geriatric Rehabilitation*, 33(3), 182-192.
13. Mah, K., Tran, K. T., Gauthier, L. R., Rodin, G., Zimmermann, C., Warr, D., ... & **Gagliese**, L. (2018). Do Correlates of Pain-Related Stoicism and Cautiousness Differ in Younger and Older People With Advanced Cancer?. *Journal of Pain*, 19(3), 301-316.
14. **Gagliese**, L. (2009). Pain and aging: The emergence of a new subfield of pain research. *Journal of Pain* 10(4):343-53.
15. **Gagliese**, L., Jovellanos, M., Zimmermann, C., Shobbrook, C., Warr, D., Rodin, G. (2009) Age-related patterns in adaptation to cancer pain: A mixed-method study. *Pain Medicine* 10(6): 1050-1061.
16. **Gagliese**, L., Gauthier, L., & Rodin, G.M., (2007). Cancer pain and depression: A systematic review of age-related patterns. *Pain Research and Management*, 20(3), 205-211
17. **Gagliese**, L., Weizblit, N., Ellis, W. & Chan, V. (2005). The measurement of postoperative pain: A comparison of intensity scales in younger and older surgical patients. *Pain*, 117, 412-20.

2.2 PHYSIOLOGY & BIOMECHANICS AND AGING

1. Chen, C. C., Erlich, A. T., Crilly, M. J., & Hood, D. A. (2018). Parkin is required for exercise-induced mitophagy in muscle: Impact of aging. *American Journal of Physiology-Endocrinology and Metabolism, 315*(3).
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3. Street, B. D., & Gage, W. (2017). After total knee replacement younger patients demonstrate superior balance control compared to older patients when recovering from a forward fall. *Clinical Biomechanics, 44*, 59-66.
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5. Scime, A., Desrosiers, J., Trensz, F., Palidwor, G. A., Caron, A. Z., Andrade-Navarro, M. A., & Grenier, G. (2010). Transcriptional profiling of skeletal muscle reveals factors that are necessary to maintain satellite cell integrity during ageing. *Mechanisms of Ageing and Development, 131*, 9-20.
6. Kuk, J. I., Saunders, T. J., Davidson, L. E., & Ross, R. (2009). Age-related changes in total and regional fat distribution. *Ageing Research Reviews, 8*(4), 339-348.
7. Kuk, J. L., & Arden, C. I. (2009). Influence of age on the association between various measures of obesity and all-cause mortality. *American Geriatrics Society, 57*, 2077-2084.
8. Kuk, J. L., Davidson, L. E., Hudson, R., Kilpatrick, K., Bacska, K., & Ross, R. (2008). Association between dietary fat intake, liver fat, and insulin sensitivity in sedentary, abdominally obese, older men. *Applied Physiology, Nutrition, and Metabolism, 32*(2), 239-245.
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2.3 PHYSICAL ACTIVITY AND AGING

1. Kim, Y., Triolo, M., & **Hood**, D. A. (2017). Impact of Aging and Exercise on Mitochondrial Quality Control in Skeletal Muscle. *Oxidative Medicine and Cellular Longevity*, 2017, 1-16.
2. Carter, H. N., Chen, C. C., & **Hood**, D. A. (2015). Mitochondria, muscle health, and exercise with advancing age. *Physiology*, 30(3), 208-223.
3. Brown, R. E., Riddell, M. C., Macpherson, A. K., Canning, K. L., & **Kuk**, J. L. (2013). The association between frequency of physical activity and mortality risk across the adult age span. *Journal of Health and Aging*, 25(2), 803-814.
4. **Meisner**, B.A., Dogra, S., Logan, A.J., **Baker**, J., & Weir, P.L. (2010). Do or decline: Comparing the effects of physical inactivity on biopsychosocial components of successful aging. *Journal of Health Psychology*, 15, 688-696.
5. Davidson LE, Hudson R, Kilpatrick K, et al. Effects of Exercise Modality on Insulin Resistance and Functional Limitation in Older Adults: A Randomized Controlled Trial. *Arch Intern Med*. 2009;169(2):122–131.
6. **Baker**, J., **Meisner**, B., Logan, J. Kungl, A.M., & Weir, P. (2009). Physical activity and successful aging in Canadian seniors. *Journal of Aging and Physical Activity*, 17, 223-235.

THEME 3: THE COGNITIVE NEUROSCIENCE OF AGING

Among several topics, studies investigate memory changes; motor coordination; perception; attention; learning; and executive function among older adults. Related research explores different cognitive therapies and treatments.

3.1 ATTENTION

1. Spreng, R., Stevens, W., Viviano, J. D., & Schacter, D. L. (2016). Attenuated anticorrelation between the default and dorsal attention networks with aging: evidence from task and rest. *Neurobiology of Aging, 45, 149-160.*
2. Kim, T. H., Pascual-Leone, J., Johnson, J., & Tamim, H. (2016). The mental-attrition Tai Chi effect with older adults. *BMC Psychology, 4(29).*
3. McLaughlin, P.M., Anderson, N.D., Rich, J.B., Chertkow, H., & Murtha, S.J.E. (2013). Visual selective attention in amnestic mild cognitive impairment. *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 69(6), 881-891.*
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5. Levinoff, E. J., Li, K. Z. H., Murtha, S., & Chertkow, H. (2004). Selective Attention Impairments in Alzheimer's Disease: Evidence for Dissociable Components. *Neuropsychology, 18(3), 580-588.*

3.2 MOTOR COORDINATION

1. de Boer C, Echlin H, V, Rogojin A, Baltaretu B, R, Sergio L, E: Thinking-While-Moving Exercises May Improve Cognition in Elderly with Mild Cognitive Deficits: A Proof-of-Principle Study. *Dement Geriatr Cogn Disord Extra 2018;:248-258.*
2. Hawkins KM, Sergio LE (2016) Changes in resting-state functional connectivity associated with cognitive-motor impairment in older adults at increased Alzheimer's disease risk. *J. Alz. Dis.: Jun 18;53(3):1161-72.*
3. Hawkins, K. M., Goyal, A., & Sergio, L. E. (2015). Diffusion tensor imaging correlates of cognitive-motor decline in normal aging and increased Alzheimer's disease risk. *Journal of Alzheimer's Disease, 44(3), 867-878.*
4. Schorer, J. & Baker, J. (2009). Aging and perceptual-motor expertise in handball goalkeepers. *Experimental Aging Research, 35, 1-19.*
5. Horton, S., Baker, J., & Schorer, J. (2008). Expertise and aging: Maintaining skills throughout the lifespan. *European Review of Aging and Physical Activity, 5, 89-96.*

3.3 EXECUTIVE FUNCTIONING

1. Adnan, A., Chen, A. J. W., Novakovic-Agopian, T., D'Esposito, M., & **Turner**, G. R. (2017). Brain Changes Following Executive Control Training in Older Adults. *[Neurorehabilitation and Neural Repair, 31\(10–11\), 910–922.](#)*
2. Hunt, A., **Turner**, G.R., Polatajko, H., Bottari, C., Dawson, D. (2013) Executive function, self-regulation and attribution in acquired brain injury: a scoping review. *[Neuropsychological Rehabilitation.](#)*
3. Spreng, R.N. & **Turner**, G.R. (2013). Structural covariance of the default network in healthy and pathological aging. *[Journal of Neuroscience, 33\(38\). 15226-15234.](#)*
4. Spreng, R.N., Sepulcre, J., **Turner**, G.R., Stevens, W.D., & Schacter, D.L. (2013). Intrinsic architecture underlying the relations among the default, dorsal attention, and frontoparietal control networks of the human brain. *[Journal of Cognitive Neuroscience. 25, 74-86.](#)*
5. **Turner**, G.R. & Spreng, R.N. (2012). Executive control and neurocognitive aging: Dissociable patterns of brain activity for working memory and inhibition. *[Neurobiology of Aging. 33, 826.e1–826.e13.](#)*
6. Noakovic-Agopian, T., Chen, A.J.W., Rome, S. Rossi, A., Abrams, G., D'Esposito, M., **Turner**, G.R. et al., (2012). Assessment of Sub-components of Executive Functioning in Ecologically Valid Settings: The Goal Processing Scale. *[Journal of Head Trauma Rehabilitation.](#)*
7. DiGirolamo, G. J., Kramer, A. F., Barad, V., **Cepeda**, N. J., Weissman, D. H., Milham, M. P., Wszalek, T. M., Cohen, N. J., Banich, M. T., Webb, A., Belopolsky, A. V., & McAuley, E. (2001). General and task-specific frontal lobe recruitment in older adults during executive processes: An fMRI investigation of task switching. *[Neuroreport, 12, 2065-2071.](#)*

3.3.1 BILINGUALISM AND AGING

1. **Bialystok**, E., Abutalebi, J., Bak, T. H., Burke, D. M., & Kroll, J. F. (2016). Aging in two languages: Implications for public health. *[Ageing Research Reviews, 27, 56-60.](#)*
2. Grady, C. L., Luk, G., Craik, F. I., & **Bialystok**, E. (2015). Brain network activity in monolingual and bilingual older adults. *[Neuropsychologia, 66, 170-181.](#)*
3. Friesen, D. C., Luo, L., Luk, G., & **Bialystok**, E. (2015). Proficiency and control in verbal fluency performance across the lifespan for monolinguals and bilinguals. *[Language, Cognition and Neuroscience, 30\(3\), 238-250.](#)*
4. Olsen, R. K., Pangelinan, M. M., Bogulski, C., Chakravarty, M. M., Luk, G., Grady, C. L., & **Bialystok**, E. (2015). The effect of lifelong bilingualism on regional grey and white matter volume. *[Brain Research, 1612, 128-139.](#)*
5. Clare, L., Whitaker, C. J., Craik, F. I., **Bialystok**, E., Martyr, A., Martin-Forbes, P. A., ... Hindle, J. V. (2014). Bilingualism, executive control, and age at diagnosis among people with early-stage Alzheimer's disease in Wales. *[Journal of Neuropsychology, 10\(2\), 163-185.](#)*
6. Morris Freedman, Suvarna Alladi, Howard Chertkow, et al., "Delaying Onset of Dementia: Are Two Languages Enough?", *[Behavioural Neurology, vol. 2014, Article ID 808137, 8 pages, 2014.](#)* (**Bialystok**, E.)
7. **Bialystok**, E., Craik, F. I. M., Binns, M. A., Ossher, L., & Freedman, M. (2014). Effects of bilingualism on the age of onset and progression of MCI and AD: Evidence from executive function tests. *[Neuropsychology, 28\(2\), 290-304.](#)*
8. **Bialystok**, E., Poarch, G., Luo, L., & Craik, F. I. M. (2014). Effects of bilingualism and aging on executive function and working memory. *[Psychology and Aging, 29\(3\), 696-705.](#)*

9. Schweizer, T. A., Craik, F. I., & **Bialystok**, E. (2013). Bilingualism, not immigration status, is associated with maintained cognitive level in Alzheimer's disease. *Cortex, 49(5), 1442-1443.*
10. Schweizer, T. A., Ware, J., Fischer, C. E., Craik, F. I., & **Bialystok**, E. (2012). Bilingualism as a contributor to cognitive reserve: Evidence from brain atrophy in Alzheimer's disease. *Cortex, 48(8), 991-996.*
11. **Bialystok**, E., Craik, F., & Luk, G. (2008). Cognitive control and lexical access in younger and older bilinguals. *Journal of Experimental Psychology, 34(4), 859-873.*
12. **Bialystok**, E., Craik, F. I., & Freedman, M. (2007). Bilingualism as a protection against the onset of symptoms of dementia. *Neuropsychologia, 45(2), 459-464.*
13. Fernandes, M. A., Craik, F., **Bialystok**, E., & Kreuger, S. (2007). Effects of bilingualism, aging, and semantic relatedness on memory under divided attention. *Canadian Journal of Experimental Psychology/Revue canadienne de psychologie expérimentale, 61(2), 128-141.*

3.4 LEARNING

1. Ryan, J. D., D'Angelo, M. C., Kamino, D., Ostreicher, M., Moses, S. N., & **Rosenbaum**, R. S. (2016). Relational learning and transitive expression in aging and amnesia. *Hippocampus, 26(2), 170-184.*
2. Ostreicher, M.L., Moses, S.N., **Rosenbaum**, R.S., & Ryan, J.D. (2010). Prior experience supports new learning of relations in aging. *Journal of Gerontology: Psychological Sciences, 65B(1), 32-41*
3. Lubinsky, T., **Rich**, J., & Anderson, N. (2009). Errorless learning and elaborative self-generation in healthy older adults and individuals with amnestic mild cognitive impairment: Mnemonic benefits and mechanisms. *Journal of the International Neuropsychological Society, 15(5), 704-716.*

3.5 MEMORY

1. Hudes, R., **Rich**, J. B., Troyer, A. K., Yusupov, I., & Vandermorris, S. (2019). The impact of memory-strategy training interventions on participant-reported outcomes in healthy older adults: A systematic review and meta-analysis. *Psychology and Aging, 34(4), 587-597.*
2. Curtis, A. F., **Park**, N. W., **Turner**, G. R., & **Murtha**, S. J. E. Improving spatial working memory in younger and older adults: Effects of crossmodal cues. *2016 Cognitive Aging Conference, Atlanta, Georgia.*
3. Komal T Shaikh, Erica L Tatham, Preeyam K Parikh, Graham A McCreath, Jill B **Rich**, Angela K Troyer, Development and Psychometric Validation of a Questionnaire Assessing the Impact of Memory Changes in Older Adults, *The Gerontologist.*
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3.7 COGNITIVE THERAPIES AND TREATMENTS

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THEME 4: DIVERSITY AND AGING

Research covers a variety of topics related to the diversity of experiences in aging; the psycho-socio-economic barriers to successful and healthy aging; and the role of community programs in contributing to the lives of older adults.

4.1 DIVERSITY IN THE AGING EXPERIENCE

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THEME 5: CARE WORK, PRACTICES, AND DELIVERY

Research explores topics including the impact of care work policies and regulations on work organization and working conditions; the relationship between labour, gender, and precarity in the field; and the impact of care delivery models on workers and the quality of geriatric care.

5.1 CARE WORK POLICIES & THEIR IMPACT

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5.2 LABOUR, GENDER, AND PRECARITY

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5.3 CARE DELIVERY

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THEME 6: AGING POLICY AND HEALTHY AGING PROMOTION

Research concentrates on such topics including the impact of retirement and pension policies on older adults and the economy; the effect of long-term care policies and regulations on older adults; and sports & leisure programs that promote healthy aging.

6.1 EMPLOYMENT, RETIREMENT & AGING

1. Higo, M. & Thomas R. **Klassen**, T.R. (2017) Reforms of Retirement Policies: Three Common Paths in Aging in Japan and Korea. *[Journal of Aging & Social Policy, 29:1, 70-83.](#)*
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6.2 SPORTS & LEISURE PROGRAMS FOR HEALTHY AGING

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6.3 LONG-TERM CARE POLICIES AND REGULATIONS FOR OLDER PERSONS

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