

A COMPENDIUM OF AGING-RELATED RESEARCH

YU-CARE members study a vast span of themes and topics relevant to the aging experiences of peoples in Canada and around the world. This research is impactful at the individual, organizational, and societal levels.

Broadly, this research explores the themes of the psychology of aging; the physiology and biomechanics of aging; the cognitive neuroscience of aging; diversity; care work practices and delivery; and aging policy and healthy aging promotion.

The research included in this compendium is a complete resource of the **aging-specific** research produced by the YU-CARE Steering Committee and Associate members. However, it is only a snapshot of the broader research produced the Centre's members, and is not inclusive of non-aging-specific research conducted by the faculty. Visit individual [faculty websites](#) for further details on such other groundbreaking works.

*Authors shown in bold indicate a YU-CARE Committee or Associate member.

Please click the hyperlink (content highlighted and underlined in blue) at each citation to find each article or abstract. For more information or trouble accessing links, please contact the YU-CARE Coordinator at yu_care@yorku.ca.

For regular updates on YU-CARE research, subscribe using RSS to yucare.info.yorku.ca.

Table of Contents

Theme 1: The psychology of aging 3

 1.1 The role of drama in aging 3

 1.2 Perception and stereotyping of aging 4

 1.3 The human being and the experience of aging 5

 1.4 Mental illness, illness, and the aging experience 5

Theme 2: Physiology, biomechanics, and aging 6

 2.1 Pain and aging 6

 2.2 Physiology & biomechanics and aging 8

 2.3 Physical activity and aging 9

Theme 3: The cognitive neuroscience of aging 10

 3.1 Attention 10

 3.2 Motor coordination 10

 3.3 Executive functioning 11

 3.3.1 Bilingualism and aging 11

 3.4 Learning 12

 3.5 Memory 13

 3.6 Perception 14

 3.7 Cognitive therapies and treatments 14

Theme 4: Diversity and aging 15

 4.1 Diversity in the aging experience 15

 4.2 Psycho and socioeconomic conditions of healthy aging 15

 4.3 Role of community programs in older adult living 16

Theme 5: Care work, practices, and delivery 17

 5.1 Care work policies & their impact 17

 5.2 Labour, gender, and precarity 19

 5.3 Care delivery 20

Theme 6: Aging policy and healthy aging promotion 22

 6.1 Employment, retirement & aging 22

 6.2 Sports & leisure programs for healthy aging 23

 6.3 Long-term care policies and regulations for older persons 23

Theme 1: The psychology of aging

Research explores the impact of the perception and stereotyping of aging on older adults; the role of mental illness and illnesses in the aging experience; psychosocial components that diversify the aging experience; and the role of drama and art in transforming care practices and the perception of aging by older adults and society.

1.1 The role of drama in aging

1. Kontos, P., Miller, K.-L., **Mitchell**, G. J., & Stirling-Twist, J. (2017). Presence redefined: The reciprocal nature of engagement between elder-clowns and persons with dementia. [*Dementia*, 16\(1\), 46–66.](#)
2. Dupuis, S.L., **Mitchell**, G.J., **Jonas-Simpson**, C.M., Whyte, C.P., Gillies, J.L., Carson, J.D. (2015). Igniting transformative change in dementia care through research-based drama. [*The Gerontologist*, 56:6, 1042-1052.](#)
3. Malone, M. R., & **Meisner**, B. A. (2015). Nebraska: Oscar® winning representations of aging and older adults. [*Journal of Ethics in Mental Health*, 10\(1\), 1-5.](#)
4. Dupuis, S. L., Gillies, J., **Mitchell**, G. J., **Jonas-Simpson**, C., Whyte, C., & Carson, J. (2011). Catapulting shifts in images, understandings, and actions for family members through research-based drama. [*Family Relations*, 60\(1\), 104-120.](#)
5. **Mitchell**, G. J., Dupuis, S., & **Jonas-Simpson**, C. (2011). Countering stigma with understanding: The role of theatre in social change and transformation. [*Canadian Theatre Review*, 146.](#)
6. **Mitchell**, G. J., Dupuis, S., **Jonas-Simpson**, C., Whyte, C., Carson, J., & Gillis, J. (2011). The experience of engaging with research-based drama: Evaluation and explication of synergy and transformation. [*Qualitative Inquiry*, 17\(4\), 379–392.](#)
7. Kontos, P. C., **Mitchell**, G. J., Mistry, B., & Ballon, B. (2010). Using drama to improve person-centred dementia care. [*International Journal of Older People Nursing*, 5, 159-168.](#)
8. **Jonas-Simpson**, C. M. (2003). The Experience of Being Listened to: A Human Becoming Study with Music. [*Nursing Science Quarterly*, 16\(3\), 232–238.](#)
9. **Jonas-Simpson**, C. M. (2001). Feeling Understood: A Melody of Human Becoming. [*Nursing Science Quarterly*, 14\(3\), 222–230.](#)
10. **Jonas-Simpson**, C. (1997). Living the Art of the Human Becoming Theory. [*Nursing Science Quarterly*, 10\(4\), 175–179.](#)

1.2 Perception and stereotyping of aging

1. Dogra, S., Al-Sahab, B., Manson, J., & **Tamim**, H. (2015). Aging expectations are associated with physical activity and health among older adults of low socioeconomic status. [*Journal of Aging and Physical Activity*, 23\(2\), 180-186.](#)
2. **Harris**, L. R., Carenvale, M. J., D'Amour, S., Fraser, L. E., Harrar, V., Hoover, A. E., ... Mander, C. (2015). How our body influences our perception of the world. [*Frontiers in Psychology*, 6.](#)
3. Malone, M. R., & **Meisner**, B. A. (2015). Nebraska: Oscar® winning representations of aging and older adults. [*Journal of Ethics in Mental Health*, 10\(1\), 1-5.](#)
4. **Meisner**, B., Weir, P., & **Baker**, J. (2013). The relationship between aging expectations and various modes of physical activity among aging adults. [*Psychology of Sport and Exercise*, 14, 569-576.](#)
5. **Meisner**, B. A., & Baker, J. (2013). An exploratory analysis of aging expectations and health care behavior among aging adults. [*Psychology & Aging*, 28\(1\), 99-104.](#)
6. **Mitchell**, G. J., Dupuis, S. L., & Kontos, P. C. (2013). Dementia discourse: From imposed suffering to knowing other-wise. [*Journal of Applied Hermeneutics*.](#)
7. Sparks, C. R., **Meisner**, B. A., & Young, B. W. (2013). Investigating general and self-expectations regarding aging in a physical activity context. [*International Journal of Sport Psychology*, 44\(1\), 17-36.](#)
8. **Meisner**, B. A. (2012). A meta-analysis of positive and negative age stereotype priming effects on behavior among older adults. [*The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 67\(1\), 13-17.](#)
9. Leung, K. K., Finlay, J., Silvius, J. L., Koehn, S., McCleary, L., Cohen, C. A., ... **Persaud**, M. (2011). Pathways to diagnosis: exploring the experiences of problem recognition and obtaining a dementia diagnosis among Anglo-Canadians. [*Health and Social Care in the Community*, 19\(4\), 372-381.](#)
10. Horton, S., **Baker** J., Pearce, W., & Deakin, J.M. (2010). Immunity to popular stereotypes of aging? Seniors and stereotype threat. [*Educational Gerontology*, 36, 353-371.](#)
11. Dogra, S., **Meisner**, B., & **Baker**, J. (2008). Psychosocial predictors of physical activity in older aged asthmatics. [*Age and Ageing*, 37, 449-454.](#)
12. Horton, S., **Baker**, J., & Côté, J., & Deakin, J.M. (2008) Understanding seniors' perceptions and stereotypes of aging. [*Educational Gerontology*, 34, 997-1017.](#)
13. Horton, S., **Baker**, J., Pearce, G.W., & Deakin, J.M. (2008). On the malleability of performance: Implications for seniors. [*Journal of Applied Gerontology*, 27, 446-465.](#)

1.3 The human being and the experience of aging

1. Hutchinson, S. L., Lauckner, H., **Meisner, B. A.**, Gallant, K. A., & Silversides, C. (2017). Fostering self-determination and sense of belonging through leisure education: Reflections on the Steps to Connect program. [*Society & Leisure*, 40\(3\), 360-376.](#)
2. **Meisner, B.A.**, Dogra, S., Logan, A.J., **Baker, J.**, & Weir, P.L. (2010). Do or decline: Comparing the effects of physical inactivity on biopsychosocial components of successful aging. [*Journal of Health Psychology*, 15, 688-696.](#)
3. Brandt, J., Campodonico, J. R., Rich, J. B., **Baker, L.**, Steele, C., Ruff, T., ... Lyketsos, C. (1998). Adjustment to residential placement in Alzheimer disease patients: Does premorbid personality matter? [*International Journal of Geriatric Psychiatry*, 13, 509-515.](#)
4. **Daly, J.**, **Mitchell, G. J.**, & **Jonas-Simpson, C. M.** (1996). Quality of Life and the Human Becoming Theory: Exploring Discipline-Specific Contributions. [*Nursing Science Quarterly*, 9\(4\), 170-174.](#)

1.4 Mental illness, illness, and the aging experience

1. Fox, M.T., Al-Haj, M., & Ko, C. (2012). Why do Complex Continuing Care residents confine themselves to bed?" [*Perspectives, Journal of the Canadian Gerontological Nursing Association*, 35\(3\), 16-17.](#)
2. Stone, R.C., **Meisner, B.A.** & **Baker, J.** (2012). Mood disorders among older adults participating in individual and group active environments: 'Me' versus 'us', or both? [*Journal of Aging Research*.](#)
3. Lo, C., Lin, J., **Gagliese, L.**, Zimmerman, C., Mikulincer, M., & Rodin, G. (2010). Age and depression in patients with metastatic cancer: the protective effects of attachment security and spiritual wellbeing. [*Ageing and Society*, 30\(2\), 326-336.](#)
4. Rapp, M. S., Flint, A. J., Herrmann, N., & **Proulx, G.-B.** (1992). Behavioural disturbances in the demented elderly: Phenomenology, pharmacotherapy and behavioural management*. [*The Canadian Journal of Psychiatry*, 37\(9\), 651-657.](#)
5. **Proulx GB.** (1989) Management of Disruptive Behaviours in the Cognitively Impaired Elderly: Integrating Neuropsychological and Behavioural Approaches. In: Conn D.K., Grek A., Sadavoy J. (eds) [*Psychiatric Consequences of Brain Disease in the Elderly: A Focus on Management. Springer, Boston, MA*](#)
6. **Proulx, G.B.** & Campbell, K.B. (1987). The management of apparent "paranoid" behavior in a patient with multi-infarct dementia. [*Clinical Gerontologist*, 6:2, 119-128.](#)

Theme 2: Physiology, biomechanics, and aging

Researchers investigate the pain and chronic pain experiences and attitudes of older adults; the effects of age on the physical body; and the impact of physical activity and exercise on older adults.

2.1 Pain and aging

1. **Gagliese, L.**, Gauthier, L. R., Narain, N., & Freedman, T. (2018). Pain, aging and dementia: Towards a biopsychosocial model. [*Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 87, 207-215.](#)
2. Gauthier, L. R., Dworkin, R. H., Warr, D., Riddell, R. P., Macpherson, A. K., Rodin, G., ... **Gagliese, L.** (2017). Age-Related Patterns in Cancer Pain and Its Psychosocial Impact: Investigating the Role of Variability in Physical and Mental Health Quality of Life. [*Pain Medicine*, 19\(4\), 658-676.](#)
3. **Gagliese, L.**, Gauthier, L. R., Narain, N., & Freedman, T. (2017). Pain, aging and dementia: Towards a biopsychosocial model. [*Progress in Neuro-Psychopharmacology and Biological Psychiatry*.](#)
4. Mah, K.*, Tran, K.T.*, Gauthier, L.R., Rodin, G., Zimmermann, C., Warr, D.G., Librach, S.L., Moore, M.J., Shepherd, F.A., & **Gagliese, L.** (2017). Psychometric evaluation of the Pain Attitudes Questionnaire-Revised for younger and older people with advanced cancer. Submitted to [*The Journal of Pain*](#). *Co-first authors
5. Gauthier, L.R., Dworkin, R.H., Warr, D., Pillai Riddell, R., Macpherson, A., Rodin, G., Zimmermann, C., Librach, S.L., Moore, M., Shepherd, F.A., & **Gagliese, L.** (2017) Age-related patterns in cancer pain and its psychosocial impact: investigating the role of variability in physical and mental health quality of life. Submitted to [*Pain Medicine*](#).
6. Hochman, J.R., Davis, A.M., Elkayam J., **Gagliese, L.**, & Hawker G.A., (2013) Neuropathic pain symptoms on the Modified painDETECT correlate with signs of central sensitization in knee osteoarthritis. [*Osteoarthritis and Cartilage* 21\(9\) S1: 1236-1242.](#)
7. **Gagliese, L.**, Katz, L., Gibson, M., Clark, A. J., Lussier, D., Gordon, A., & Salter, M. W. (2012). A brief educational intervention about pain and aging for older members of the community and health care workers. [*Journal of Pain*, 13\(9\), 849-856.](#)
8. **Gagliese, L.**, & Melzack, R. (2003). Age-related differences in the qualities but not the intensity of chronic pain. [*Pain*, 104, 597-608.](#)
9. **Gagliese, L.**, & Melzack, R. (1997). Chronic pain in elderly people. [*Pain*, 70, 3-14](#)
10. **Gagliese, L.**, & Melzack, R. (1997). Lack of evidence for age differences in pain beliefs. [*Pain Research and Management*, 2, 19-28.](#)
11. **Gagliese, L.**, & Melzack, R. (1997). Age differences in the quality of chronic pain. [*Pain Research and Management*, 2, 157-162.](#)

12. **Meisner, B. A.**, Linton, V., Séguin, A., & Spassiani, N. A. (2017). Examining chronic disease, pain-related impairment, and physical activity among middle-aged and older adults in Canada: Implications for current and future aging populations. [*Topics in Geriatric Rehabilitation*, 33\(3\), 182-192.](#)
13. Mah, K., Tran, K. T., Gauthier, L. R., Rodin, G., Zimmermann, C., Warr, D., ... & **Gagliese, L.** (2018). Do Correlates of Pain-Related Stoicism and Cautiousness Differ in Younger and Older People With Advanced Cancer?. [*Journal of Pain*, 19\(3\), 301-316.](#)
14. **Gagliese, L.** (2009). Pain and aging: The emergence of a new subfield of pain research. [*Journal of Pain* 10\(4\):343-53.](#)
15. **Gagliese, L.**, Jovellanos, M., Zimmermann, C., Shobbrook, C., Warr, D., Rodin, G. (2009) Age-related patterns in adaptation to cancer pain: A mixed-method study. [*Pain Medicine* 10\(6\): 1050-1061.](#)
16. **Gagliese, L.**, Gauthier, L., & Rodin, G.M., (2007). Cancer pain and depression: A systematic review of age-related patterns. [*Pain Research and Management*, 20\(3\), 205-211](#)
17. **Gagliese, L.**, Weizblit, N., Ellis, W. & Chan, V. (2005). The measurement of postoperative pain: A comparison of intensity scales in younger and older surgical patients. [*Pain*, 117, 412-20.](#)

2.2 Physiology & biomechanics and aging

1. Chen, C. C., Erlich, A. T., Crilly, M. J., & **Hood**, D. A. (2018). Parkin is required for exercise-induced mitophagy in muscle: Impact of aging. [*American Journal of Physiology-Endocrinology and Metabolism*, 315\(3\)](#).
2. Carter, H. N., Kim, Y., Erlich, A. T., Zarrin-Khat, D., & **Hood**, D. A. (2018). Autophagy and mitophagy flux in young and aged skeletal muscle following chronic contractile activity. [*The Journal of Physiology*, 596\(16\)](#), 3567-3584.
3. Street, B. D., & **Gage**, W. (2017). After total knee replacement younger patients demonstrate superior balance control compared to older patients when recovering from a forward fall. [*Clinical Biomechanics*, 44](#), 59-66.
4. Huang J.H., A.-M. Joseph, V. Ljubicic, S. Iqbal, and D.A. **Hood**. Effect of age on the processing and import of matrix-destined mitochondrial proteins in skeletal muscle. [*J. Gerontol. A Biol. Sci. Med. Sci.* 65:138-46](#), 2010.
5. **Scime**, A., Desrosiers, J., Trenz, F., Palidwor, G. A., Caron, A. Z., Andrade-Navarro, M. A., & Grenier, G. (2010). Transcriptional profiling of skeletal muscle reveals factors that are necessary to maintain satellite cell integrity during ageing. [*Mechanisms of Ageing and Development*, 131](#), 9-20.
6. **Kuk**, J. I., Saunders, T. J., Davidson, L. E., & Ross, R. (2009). Age-related changes in total and regional fat distribution. [*Ageing Research Reviews*, 8\(4\)](#), 339-348.
7. **Kuk**, J. L., & **Arden**, C. I. (2009). Influence of age on the association between various measures of obesity and all-cause mortality. [*American Geriatrics Society*, 57](#), 2077-2084.
8. **Kuk**, J. L., Davidson, L. E., Hudson, R., Kilpatrick, K., Bacskai, K., & Ross, R. (2008). Association between dietary fat intake, liver fat, and insulin sensitivity in sedentary, abdominally obese, older men. [*Applied Physiology, Nutrition, and Metabolism*, 32\(2\)](#), 239-245.
9. **Kuk**, J. L., Lee, S., Heymsfield, S. B., & Ross, R. (2005). Waist circumference and abdominal adipose tissue distribution: influence of age and sex. [*American Society for Clinical Nutrition*, 81](#), 1330-1334.
10. Brown, L., **Gage**, W., Polych, M., Sleik, R., & Winder, T. (2002). Central set influences on gait: Age-dependent effects of postural threat. [*Experimental Brain Research*, 145\(3\)](#), 286-296.

2.3 Physical activity and aging

1. Kim, Y., Triolo, M., & **Hood**, D. A. (2017). Impact of Aging and Exercise on Mitochondrial Quality Control in Skeletal Muscle. [*Oxidative Medicine and Cellular Longevity*, 2017, 1-16.](#)
2. Carter, H. N., Chen, C. C., & **Hood**, D. A. (2015). Mitochondria, muscle health, and exercise with advancing age. [*Physiology*, 30\(3\), 208-223.](#)
3. Brown, R. E., Riddell, M. C., Macpherson, A. K., Canning, K. L., & **Kuk**, J. L. (2013). The association between frequency of physical activity and mortality risk across the adult age span. [*Journal of Health and Aging*, 25\(2\), 803-814.](#)
4. **Meisner**, B.A., Dogra, S., Logan, A.J., **Baker**, J., & Weir, P.L. (2010). Do or decline: Comparing the effects of physical inactivity on biopsychosocial components of successful aging. [*Journal of Health Psychology*, 15, 688-696.](#)
5. Davidson LE, Hudson R, Kilpatrick K, et al. Effects of Exercise Modality on Insulin Resistance and Functional Limitation in Older Adults: A Randomized Controlled Trial. [*Arch Intern Med*. 2009;169\(2\):122–131.](#)
6. **Baker**, J., **Meisner**, B., Logan, J. Kungl, A.M., & Weir, P. (2009). Physical activity and successful aging in Canadian seniors. [*Journal of Aging and Physical Activity*, 17, 223-235.](#)

Theme 3: The cognitive neuroscience of aging

Among several topics, studies investigate memory changes; motor coordination; perception; attention; learning; and executive function among older adults. Related research explores different cognitive therapies and treatments.

3.1 Attention

1. Spreng, R., **Stevens**, W., Viviano, J. D., & Schacter, D. L. (2016). Attenuated anticorrelation between the default and dorsal attention networks with aging: evidence from task and rest. [*Neurobiology of Aging*, 45, 149-160.](#)
2. Kim, T. H., Pascual-Leone, J., Johnson, J., & **Tamim**, H. (2016). The mental-attrition Tai Chi effect with older adults. [*BMC Psychology*, 4\(29\).](#)
3. McLaughlin, P.M., Anderson, N.D., Rich, J.B., Chertkow, H., & **Murtha**, S.J.E. (2013). Visual selective attention in amnesic mild cognitive impairment. [*Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 69\(6\), 881–891.](#)
4. McLaughlin Paula M., Anderson, Nicole D. Rich, **Jill B.**, Chertkow, Howard, **Murtha**, Susan J. E. (2014) Visual Selective Attention in Amnesic Mild Cognitive Impairment. [*The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 69\(6\), 881-891.](#)
5. Levinoff, E. J., Li, K. Z. H., **Murtha**, S., & Chertkow, H. (2004). Selective Attention Impairments in Alzheimer's Disease: Evidence for Dissociable Components. [*Neuropsychology*, 18\(3\), 580-588.](#)

3.2 Motor coordination

1. de Boer C, Echlin H, V, Rogojin A, Baltaretu B, R, **Sergio** L, E: Thinking-While-Moving Exercises May Improve Cognition in Elderly with Mild Cognitive Deficits: A Proof-of-Principle Study. [*Dement Geriatr Cogn Disord Extra* 2018;:248-258.](#)
2. Hawkins KM, **Sergio** LE (2016) Changes in resting-state functional connectivity associated with cognitive-motor impairment in older adults at increased Alzheimer's disease risk. [*J. Alz. Dis.: Jun* 18:53\(3\):1161-72.](#)
3. Hawkins, K. M., Goyal, A., & **Sergio**, L. E. (2015). Diffusion tensor imaging correlates of cognitive-motor decline in normal aging and increased Alzheimer's disease risk. [*Journal of Alzheimer's Disease*, 44\(3\), 867-878.](#)
4. Schorer, J. & **Baker**, J. (2009). Aging and perceptual-motor expertise in handball goalkeepers. [*Experimental Aging Research*, 35, 1-19.](#)
5. Horton, S., Baker, J., & Schorer, J. (2008). Expertise and aging: Maintaining skills throughout the lifespan. [*European Review of Aging and Physical Activity*, 5, 89-96.](#)

3.3 Executive functioning

1. Adnan, A., Chen, A. J. W., Novakovic-Agopian, T., D'Esposito, M., & **Turner**, G. R. (2017). Brain Changes Following Executive Control Training in Older Adults. [*Neurorehabilitation and Neural Repair*, 31\(10–11\), 910–922.](#)
2. Hunt, A., **Turner**, G.R., Polatajko, H., Bottari, C., Dawson, D. (2013) Executive function, self-regulation and attribution in acquired brain injury: a scoping review. [*Neuropsychological Rehabilitation*.](#)
3. Spreng, R.N. & **Turner**, G.R. (2013). Structural covariance of the default network in healthy and pathological aging. [*Journal of Neuroscience*, 33\(38\). 15226-15234.](#)
4. Spreng, R.N., Sepulcre, J., **Turner**, G.R., Stevens, W.D., & Schacter, D.L. (2013). Intrinsic architecture underlying the relations among the default, dorsal attention, and frontoparietal control networks of the human brain. [*Journal of Cognitive Neuroscience*, 25, 74-86.](#)
5. **Turner**, G.R. & Spreng, R.N. (2012). Executive control and neurocognitive aging: Dissociable patterns of brain activity for working memory and inhibition. [*Neurobiology of Aging*, 33, 826.e1–826.e13.](#)
6. Noakovic-Agopian, T., Chen, A.J.W., Rome, S. Rossi, A., Abrams, G., D'Esposito, M., **Turner**, G.R. et al., (2012). Assessment of Sub-components of Executive Functioning in Ecologically Valid Settings: The Goal Processing Scale. [*Journal of Head Trauma Rehabilitation*.](#)
7. DiGirolamo, G. J., Kramer, A. F., Barad, V., **Cepeda**, N. J., Weissman, D. H., Milham, M. P., Wszalek, T. M., Cohen, N. J., Banich, M. T., Webb, A., Belopolsky, A. V., & McAuley, E. (2001). General and task-specific frontal lobe recruitment in older adults during executive processes: An fMRI investigation of task switching. [*Neuroreport*, 12, 2065-2071.](#)

3.3.1 Bilingualism and aging

1. **Bialystok**, E., Abutalebi, J., Bak, T. H., Burke, D. M., & Kroll, J. F. (2016). Aging in two languages: Implications for public health. [*Ageing Research Reviews*, 27, 56-60.](#)
2. Grady, C. L., Luk, G., Craik, F. I., & **Bialystok**, E. (2015). Brain network activity in monolingual and bilingual older adults. [*Neuropsychologia*, 66, 170-181.](#)
3. Friesen, D. C., Luo, L., Luk, G., & **Bialystok**, E. (2015). Proficiency and control in verbal fluency performance across the lifespan for monolinguals and bilinguals. [*Language, Cognition and Neuroscience*, 30\(3\), 238-250.](#)
4. Olsen, R. K., Pangelinan, M. M., Bogulski, C., Chakravarty, M. M., Luk, G., Grady, C. L., & **Bialystok**, E. (2015). The effect of lifelong bilingualism on regional grey and white matter volume. [*Brain Research*, 1612, 128-139.](#)
5. Clare, L., Whitaker, C. J., Craik, F. I., **Bialystok**, E., Martyr, A., Martin-Forbes, P. A., ... Hindle, J. V. (2014). Bilingualism, executive control, and age at diagnosis among people with early-stage Alzheimer's disease in Wales. [*Journal of Neuropsychology*, 10\(2\), 163-185.](#)
6. Morris Freedman, Suvarna Alladi, Howard Chertkow, et al., "Delaying Onset of Dementia: Are Two Languages Enough?," [*Behavioural Neurology*, vol. 2014, Article ID 808137, 8 pages, 2014.](#) (**Bialystok**, E.)
7. **Bialystok**, E., Craik, F. I. M., Binns, M. A., Osher, L., & Freedman, M. (2014). Effects of bilingualism on the age of onset and progression of MCI and AD: Evidence from executive function tests. [*Neuropsychology*, 28\(2\), 290-304.](#)

Last updated: June 2019

8. **Bialystok**, E., Poarch, G., Luo, L., & Craik, F. I. M. (2014). Effects of bilingualism and aging on executive function and working memory. [*Psychology and Aging*, 29\(3\), 696-705.](#)
9. Schweizer, T. A., Craik, F. I., & **Bialystok**, E. (2013). Bilingualism, not immigration status, is associated with maintained cognitive level in Alzheimer's disease. [*Cortex*, 49\(5\), 1442-1443.](#)
10. Schweizer, T. A., Ware, J., Fischer, C. E., Craik, F. I., & **Bialystok**, E. (2012). Bilingualism as a contributor to cognitive reserve: Evidence from brain atrophy in Alzheimer's disease. [*Cortex*, 48\(8\), 991-996.](#)
11. **Bialystok**, E., Craik, F., & Luk, G. (2008). Cognitive control and lexical access in younger and older bilinguals. [*Journal of Experimental Psychology*, 34\(4\), 859-873.](#)
12. **Bialystok**, E., Craik, F. I., & Freedman, M. (2007). Bilingualism as a protection against the onset of symptoms of dementia. [*Neuropsychologia*, 45\(2\), 459-464.](#)
13. Fernandes, M. A., Craik, F., **Bialystok**, E., & Kreuger, S. (2007). Effects of bilingualism, aging, and semantic relatedness on memory under divided attention. [*Canadian Journal of Experimental Psychology/Revue canadienne de psychologie expérimentale*, 61\(2\), 128-141.](#)

3.4 Learning

1. Ryan, J. D., D'Angelo, M. C., Kamino, D., Ostreicher, M., Moses, S. N., & **Rosenbaum**, R. S. (2016). Relational learning and transitive expression in aging and amnesia. [*Hippocampus*, 26\(2\), 170-184.](#)
2. Ostreicher, M.L., Moses, S.N., **Rosenbaum**, R.S., & Ryan, J.D. (2010). Prior experience supports new learning of relations in aging. [*Journal of Gerontology: Psychological Sciences*, 65B\(1\), 32-41](#)
3. Lubinsky, T., **Rich**, J., & Anderson, N. (2009). Errorless learning and elaborative self-generation in healthy older adults and individuals with amnesic mild cognitive impairment: Mnemonic benefits and mechanisms. [*Journal of the International Neuropsychological Society*, 15\(5\), 704-716.](#)

3.5 Memory

1. Hudes, R., **Rich**, J. B., Troyer, A. K., Yusupov, I., & Vandermorris, S. (2019). The impact of memory-strategy training interventions on participant-reported outcomes in healthy older adults: A systematic review and meta-analysis. [*Psychology and Aging, 34\(4\), 587-597.*](#)
2. Curtis, A. F., **Park**, N. W., **Turner**, G. R., & **Murtha**, S. J. E. Improving spatial working memory in younger and older adults: Effects of crossmodal cues. [*2016 Cognitive Aging Conference, Atlanta, Georgia.*](#)
3. Komal T Shaikh, Erica L Tatham, Preeyam K Parikh, Graham A McCreath, Jill B **Rich**, Angela K Troyer, Development and Psychometric Validation of a Questionnaire Assessing the Impact of Memory Changes in Older Adults, [*The Gerontologist.*](#)
4. Bercovitz, K. E., Bell, M. C., Simone, P. M., & **Wiseheart**, M. (2017). The spacing effect in older and younger adults: Does context matter? [*Aging, Neuropsychology, and Cognition, 24, 703-716.*](#)
5. Simone, P. M., Bell, M., & **Cepeda**, N. J. (2013). Diminished but not forgotten: Effects of aging on magnitude of spacing effect benefits. [*The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 68, 674-680.*](#)
6. **Rosenbaum**, R., Winocur, G., Binns, M. A., & Moscovitch, M. (2012). Remote spatial memory in aging: all is not lost. [*Frontiers in Aging Neuroscience.*](#)
7. Crete-Nishihata, M., Baecker, R.M., Massimi, M., Ptak, D., Campigotto, R., Kaufman, L.D., Brickman, A.M., **Turner**, G.R., Steinerman, J., and Black, S.E. (2012). Reconstructing the Past: Personal Memory Technologies Are Not Just Personal and Not Just for Memory. [*Human-Computer Interaction. 27\(1-2\). 1-32.*](#)
8. Winocur, G., Moscovitch, M., **Rosenbaum**, R. S., & Sekeres, M. (2010). A study of remote spatial memory in aged rats. [*Neurobiology of Aging, 31, 143-150.*](#)
9. **Rosenbaum**, R. S., Furey, M. L., Horwitz, B., & Grady, C. L. (2010). Altered connectivity among emotion-related brain regions during short-term memory in Alzheimer's disease. [*Neurobiology of aging, 31\(5\), 780-786.*](#)
10. Karantzoulis, S., Troyer, A., & **Rich**, J. (2009). Prospective memory in amnesic mild cognitive impairment. [*Journal of the International Neuropsychological Society, 15\(3\), 407-415.*](#)
11. Levine, B., Svoboda, E.M., **Turner**, G.R., Mandic, M., & Mackey, A. (2009). Behavioral and functional neuroanatomical correlates of autobiographical memory in isolated retrograde amnesic patient M.L. [*Neuropsychologia, 47\(11\). Pages 2188-2196*](#)
12. **Stevens**, W., Hasher, L., Chew, K. S., & Grady, C. L. (2008). A neural mechanism underlying memory failure in older adults. [*The Journal of Neuroscience, 28\(48\), 12820-12824.*](#)
13. Roncadin, C., Pascual-Leone, J., **Rich**, J., & Dennis, M. (2007). Developmental relations between working memory and inhibitory control. [*Journal of the International Neuropsychological Society, 13\(1\), 59-67.*](#)
14. Phillips, N. A., Chertkow, H., Leblanc, M. M., Pim, H., & **Murtha**, S. (2004). Functional and anatomical memory indices in patients with or at risk for Alzheimer's disease. [*Journal of the International Neuropsychological Society, 10, 200-210.*](#)
15. Troyer, A. K., & **Rich**, J. B. (2002). Psychometric properties of a new metamemory questionnaire for older adults. [*Journal of Gerontology: Psychological Sciences, 57B\(1\), 19-27.*](#)

16. Fung, T. D., Chertkow, H., **Murtha**, S., Whatmough, C., Péloquin, L., Whitehead, V., & Templeman, F. D. (2001). The spectrum of category effects in object and action knowledge in dementia of the Alzheimer's type. [*Neuropsychology*, 15\(3\), 371-379.](#)

3.6 Perception

1. Massie, A. S., & **Meisner**, B. A. (2019). Perceptions of aging and experiences of ageism as constraining factors of moderate to vigorous leisure-time physical activity in later life. [*Society & Leisure*, 42\(1\), 24-42.](#)
2. **Harris** LR, Jenkin M, Dyde RT, Jenkin H (2011) "Enhancing visual cues to orientation: suggestions for space travellers and the elderly". [*Progress in Brain Research* 191: 133-142](#)
3. Wilson, H. R., Mei, M., Habak, C., & **Wilkinson**, F. (2011). Visual bandwidths for face orientation increase during healthy aging. [*Vision Research*, 51, 160-164.](#)
4. McLaughlin, P.M., **Murtha**, S.J.E. (2010). The effects of age and exogenous support on visual search performance. [*Experimental Aging Research*, 26 \(3\), p325-345.](#)
5. Habak, C., **Wilkinson**, F., & Wilson, H. R. (2008). Aging disrupts the neural transformations that link facial identity across views. [*Vision Research*, 48\(1\), 9-15.](#)
6. Habak, C., **Wilkinson**, F., & Wilson, H. R. (2009). Preservation of shape discrimination in aging. [*Journal of Vision*, 9\(18\).](#)
7. Tippet W, J, Krajewski A, **Sergio** L, E: Visuomotor Integration Is Compromised in Alzheimer's Disease Patients Reaching for Remembered Targets. [*Eur Neurol* 2007;58:1-11.](#)
8. Tippet, W. J., & **Sergio**, L. E. (2006). Visuomotor integration is impaired in early stage Alzheimer's disease. [*Brain Research*, 1102, 92-102.](#)
9. **Rivest** J, Kim J, S, Intriligator J, Sharpe J, A: Effect of Aging on Visual Shape Distortion. [*Gerontology* 2004;50:142-151.](#)

3.7 Cognitive therapies and treatments

1. Patel, R., Spreng, R.N. & **Turner**, G.R. (2013). Functional brain changes following cognitive and motor skills training: A quantitative meta-analysis. [*Neurorehabilitation and Neural Repair*, 27, 187–199.](#)
2. Saumier, D., **Murtha**, S., Bergman, H., Phillips, N., Whitehead, V., & Chertkow, H. (2007). Cognitive predictors of donepezil therapy response in Alzheimer disease. [*Dementia and Geriatric Cognitive Disorders*, 24, 28-35.](#)
3. Mohr, E., Nair, V., Sampson, M., **Murtha**, S., Belanger, G., Pappas, B., & Mendia, T. (1997). Treatment of Alzheimer's disease with sabeluzole: Functional and structural correlates. [*Clinical Neuropharmacology*, 20\(4\), 338-345.](#)
4. Rapp, M. S., Flint, A. J., Herrmann, N., & **Proulx**, G.-B. (1992). Behavioural disturbances in the demented elderly: Phenomenology, pharmacotherapy and behavioural management*. [*The Canadian Journal of Psychiatry*, 37\(9\), 651–657.](#)

Theme 4: Diversity and aging

Research covers a variety of topics related to the diversity of experiences in aging; the psycho-socio-economic barriers to successful and healthy aging; and the role of community programs in contributing to the lives of older adults.

4.1 Diversity in the aging experience

1. Mah, K., Tran, K. T., Gauthier, L. R., Rodin, G., Zimmermann, C., Warr, D., ... & Gagliese, L. (2018). Do Correlates of Pain-Related Stoicism and Cautiousness Differ in Younger and Older People With Advanced Cancer?. [*JOURNAL OF PAIN*, 19\(3\), 301-316.](#)
2. Cheung, W. Y., Lee, L. W., **Gagliese, L.**, & Zimmermann, C. (2011). Age and gender differences in symptom intensity and symptom clusters among patients with metastatic cancer. [*Support Care Cancer*, 19, 417-423.](#)
3. Kuk, J. L., & Arden, C. I. (2010). Age and sex differences in the clustering of metabolic syndrome factors. [*Diabetes Care*, 33\(11\), 2457-2461.](#)
4. Weir, P. L., **Meisner, B. A.**, & Baker, J. (2010). Successful aging across the years: Does one model fit everyone? [*Journal of Health Psychology*, 15\(5\), 680-687.](#)
5. Gagliese, L. & Fillingim, R. Age and sex interactions in pain. (2003). *The International Journal of Sex Differences In The Study Of Health, Disease And Aging*, 1, 1-8.

4.2 Psycho and socioeconomic conditions of healthy aging

1. Manson, J. D., **Tamim, H.**, & **Baker, J.** (2017). Barriers and Promoters for Enrollment to a Community-Based Tai Chi Program for Older, Low-Income, and Ethnically Diverse Adults. [*Journal of Applied Gerontology*, 36\(5\), 592–609.](#)
2. Dogra, S., Al-Sahab, B., Manson, J., & Tamim, H. (2015). Aging expectations are associated with physical activity and health among older adults of low socioeconomic status. [*Journal of Aging and Physical Activity*, 23\(2\), 180-186.](#)
3. McCleary, L., **Persaud, M.**, Hum, S., JG, Pimlott, N., Cohen, C. A., Leung, K. K., ... Dalziel, W. B. (2012). Pathways to dementia diagnosis among South Asian Canadians. [*Dementia*, 12\(6\), 769-789.](#)
4. Dogra, S., Meisner, B., & Baker, J. (2008). Psychosocial predictors of physical activity in older aged asthmatics. [*Age and Ageing*, 37, 449-454.](#)

4.3 Role of community programs in older adult living

1. Shah, S., **Ardern**, C., & **Tamim**, H. (2015). Predictors of Adherence in a Community-Based Tai Chi Program. [*Canadian Journal on Aging / La Revue canadienne du vieillissement* 34\(2\), 237-246.](#)
2. Manson, J., Rotondi, M., Jamnik, V., **Arden**, C., & **Tamim**, H. (2013). Effect of tai chi on musculoskeletal health-related fitness and self-reported physical health changes in low income, multiple ethnicity mid to older adults. [*BMC Geriatrics*, 13\(114\), 1471-2318.](#)
3. Manson, J. & Ritvo, P. & Ardern, C. & Weir, P. & Baker, J. & Jamnik, V. & Tamim, H. (2013). Tai Chi's Effects on Health-Related Fitness of Low-Income Older Adults. [*Canadian Journal on Aging / La Revue canadienne du vieillissement* 32\(3\), 270-277.](#)
4. Anderson, N. D., Damianakis, T., Kröger, E., Wagner, L. M., Dawson, D. R., Binns, M. A., . . . The BRAVO Team. (2014). The benefits associated with volunteering among seniors: A critical review and recommendations for future research. [*Psychological Bulletin*, 140\(6\), 1505-1533.](#)

Theme 5: Care work, practices, and delivery

Research explores topics including the impact of care work policies and regulations on work organization and working conditions; the relationship between labour, gender, and precarity in the field; and the impact of care delivery models on workers and the quality of geriatric care.

5.1 Care work policies & their impact

1. Virdo, G., & **Daly**, T. (2019). How do supervisor support and social care matter in long-term care? Correlates of turnover contemplation among long-term care facility workers. *International Journal of Care and Caring*. [\[abstract\]](#)
2. Lowndes, R., **Daly**, T., & **Armstrong**, P. (2018). "Leisurely Dining": Exploring how work organization, informal care, and dining spaces shape residents' experiences of eating in long-term residential care. *Qualitative Health Research*, *28*(1), 126–144.
3. Brassolotto, J., **Daly**, T., **Armstrong**, P., & Naidoo, V. (2017). Experiences of moral distress by privately hired companions in Ontario's long-term care facilities. *Quality in ageing and older adults*, *18*(1), 58–68.
4. Ford-Jones, P., & **Daly**, T. (2017). Volunteers' experiences delivering a community-university chronic disease health awareness program for South Asian older adults. *Journal of Community Health*, *42*(6), 1148-1155.
5. **Meisner**, B. A., & Binnington, L. E. (2017). I'm so glad you're here: Positive aspects of informal caregiving. *Journal of the American Geriatrics Society*, *65*(1), 25-26.
6. **Armstrong**, H. & **Daly**, T. J. & Choiniere, J. A. (2016). Policies and Practices: The Case of RAI-MDS in Canadian Long-Term Care Homes. *Journal of Canadian Studies/Revue d'études canadiennes*50(2), 348-367. University of Toronto Press.
7. Brassolotto, J., & **Daly**, T. (2016). Scarcity discourses and their impacts on renal care policy, practices, and everyday experiences in rural British Columbia. *Social Science & Medicine*, *152*, 138-146.
8. **Daly**, T., Struthers, J., Müller, B., Taylor, D., Goldmann, M., Doupe, M., & Jacobsen, F. F. (2016). Prescriptive or Interpretive Regulation at the Frontlines of Care Work in the "Three Worlds" of Canada, Germany and Norway. *Labour (Committee on Canadian Labour History)*, *77*, 37–71.
9. Syed, I., **Daly**, T., **Armstrong**, P., Lowndes, R. Chadoin, M., Naidoo, V. (2016). How do work hierarchies and strict divisions of labour impact care workers' experiences of health and safety? Case studies of long term care in Toronto. *The Journal of Nursing Home Research Sciences*. Volume 2, p. 1-9.
10. Baines, D., & **Daly**, T. (2015). Resisting regulatory rigidities: Lessons from front-line care work. *Studies in Political Economy*, *95*(1), 137-160.

11. **Daly, T.** (2015). Dancing the two-step in Ontario's long-term care sector: Deterrence regulation = consolidation. [*Studies in Political Economy*, 95:1, 29-58.](#)
12. Sidani, S. & **Fox, M.** (2014). Patient-Centered Care: Clarification of its Specific Elements. [*Journal of Interprofessional Care*, 28\(2\), 134-141.](#)
13. Mitchell, G. J. (2013). Implications of Holding Ideas of Evidence-Based Practice in Nursing. [*Nursing Science Quarterly*, 26\(2\), 143–151.](#)
14. **Mitchell, G. J.**, Cross, N., Wilson, M., Biernacki, S., Wong, W., Adib, B., & Rush, D. (2013). Complexity and health coaching: Synergies in nursing. [*Nursing Research and Practice*, 2013.](#)
15. **Daly, T.**, & Szebehely, M. (2012). Unheard voices, unmapped terrain: care work in long-term residential care for older people in Canada and Sweden. [*International journal of social welfare*, 21\(2\), 139–148.](#)
16. **Meisner, B. A.** (2012). Physicians' attitudes toward aging, the aged, and the provision of geriatric care: A systematic narrative review. [*Critical Public Health*, 22\(1\), 61-72.](#)
17. Banerjee, A., **Daly, T.**, **Armstrong, P.**, Szebehely, M., Armstrong, H., & Lafrance, S. (2012). Structural violence in long-term, residential care for older people: comparing Canada and Scandinavia. [*Social science & medicine \(1982\)*, 74\(3\), 390–398.](#)
18. **Daly, T.**, Banerjee, A., **Armstrong, P.**, Armstrong, H., & Szebehely, M. (2011). Lifting the 'Violence Veil': Examining Working Conditions in Long-term Care Facilities Using Iterative Mixed Methods. [*Canadian Journal on Aging / La Revue Canadienne Du Vieillessement*, 30\(2\), 271-284.](#)
19. Kontos, P. C., Miller, K., **Mitchell, G. J.**, & Cott, C. A. (2010). Dementia care at the intersection of regulation and reflexivity: A critical realist perspective. [*Journal of Gerontology*, 66B\(1\), 119-128.](#)
20. Kontos, P. C., Miller, K., & **Mitchell, G. J.** (2009). Neglecting the importance of the decision making and care regimes of personal support workers: A critique of standardization of care planning through the RAI/MDS. [*The Gerontologist*, 50\(3\), 352-362.](#)
21. **Armstrong, P.**, & Armstrong, H. (2005). Public and Private: Implications for Care Work. [*The Sociological Review*, 53\(2 suppl\), 167–187.](#)
22. Bourgeault, I. L., **Armstrong, P.**, Armstrong, H., Choiniere, J., Lexchin, J., Mykhalovskiy, E., Peters, S. and White, J. (2001), Everyday experiences of implicit rationing: comparing the voices of nurses in California and British Columbia. [*Sociology of Health & Illness*, 23: 633-653.](#)
23. White, J. P., Armstrong, H., **Armstrong, P.**, Bourgeault, I., Choiniere, J. and Mykhalovskiy, E. (2000), The impact of managed care on nurses' workplace learning and teaching. [*Nursing Inquiry*, 7: 74-80.](#)

5.2 Labour, gender, and precarity

1. Baines, D., & **Daly**, T. (2019). Borrowed time and solidarity: The multi-scalar politics of time and gendered care work, social politics. [*International Studies in Gender, State & Society*, 1-20.](#)
2. Pritlove, C., Safai, P., Angus, J. E., **Armstrong**, P., Jones, J. M., & Parsons, J. (2019). "It's hard work": A feminist political economy approach to reconceptualizing "work" in the cancer context. [*Qualitative Health Research*, 29\(5\), 758-773.](#)
3. Baines, D., Charlesworth, S., & **Daly**, T. (2016). Underpaid, unpaid, unseen, unheard and unhappy? Care work in the context of constraint. [*Journal of Industrial Relations*, 58\(4\), 449-454.](#)
4. Barken, R., **Daly**, T. J., & **Armstrong**, P. (2016). Family matters: The work and skills of family/friend carers in long-term residential care. [*Journal of Canadian Studies*, 50\(2\), 321-347.](#)
5. Brassolotto, J., & **Daly**, T. (2016). Domesticating dialysis: A feminist political economy analysis of informal renal care in rural British Columbia. [*The Canadian Geographer / Le Géographe Canadien*.](#)
6. Chadoin, M., Messing, K., **Daly**, T., & **Armstrong**, P. (2016). « Si ce n'est pas documenté, ça n'a pas été fait »: quand les indicateurs de gestion escamotent le travail invisible des femmes [« If it's not documented, it's not done »: Management indicators of workload can leave women's work invisible]. [*PISTES*, 18\(2\), 4830.](#)
7. **Daly**, T. & **Armstrong**, P. (2016) "Liminal and invisible long-term care: precarity in the face of austerity" [*Journal of Industrial Relations, special issue on Care Work.*](#)
8. Banerjee, A. B., **Armstrong**, P., **Daly**, T., Armstrong, H., & Braedley, S. (2015). "Careworkers don't have a voice:" Epistemological violence in residential care for older people. [*Journal of Aging Studies*, 33, 28-36.](#)
9. **Daly**, T., **Armstrong**, P., & Lowndes, R. (2015). Liminality in Ontario's long-term care facilities: Private companions' care work in the space 'betwixt and between.' [*Competition & Change*, 19\(3\), 246-263.](#)
10. **Armstrong**, P. (2013). Puzzling skills: Feminist political economy approaches. [*Canadian Sociological Association*, 50\(3\), 256-283.](#)
11. **Armstrong**, P. (2013). Time, race, gender, and care: Communicative and strategic action in ancillary care commentary on Carol Levine's "caring for money". *International Journal of Feminist Approaches to Bioethics*, 6(2), 118-121. [\[abstract\]](#)
12. **Armstrong**, P., Armstrong, H. (2008). Bringing it home: Women's health work. [*Women's Health and Urban Life*, 7\(2\), 6-15.](#)

13. **Armstrong, P.** (2007). Back to basics: Seeking pay equity for women in Canada. [*Labour & Industry, 18\(2\), 11-32.*](#)
14. **Armstrong, P., & Armstrong, H.** (2002). Thinking it through: Women, work and caring in the new millennium. [*Canadian Woman Studies, 21:1, 44-50.*](#)

5.3 Care delivery

1. **Fox, M. T., Sidani, S., Butler, J. I., & Tregunno, D.** (2017). Nurses' Perspectives on the Geriatric Nursing Practice Environment and the Quality of Older People's Care in Ontario Acute Care Hospitals. [*Canadian Journal of Nursing Research, 49\(2\), 94-100.*](#)
2. **Gagliese, L., Rodin, R., Chan, V., Stevens, B. and Zimmermann, C.** (2016) 'How do healthcare workers judge pain in older palliative care patients with delirium near the end of life?', [*Palliative and Supportive Care, 14\(2\), 151-158.*](#)
3. **Fox, M. T., Butler, J. I., Persaud, M., Tregunno, D., Sidani, S. and McCague, H.** (2016), A Multi-Method Study of the Geriatric Learning Needs of Acute Care Hospital Nurses in Ontario, Canada. [*Research Nursing & Health, 39: 66-76.*](#)
4. **Lowndes, R., Armstrong, P., & Daly, T.** (2015). The meaning of 'dining': The social organization of food in long-term care. [*Food studies, 4\(1\).*](#)
5. **Hum, S., Cohen, C., Persaud, M., Lee, J., Drummond, N., Dalziel, W., & Pimlott, N.** (2014). Role expectations in dementia care among family physicians and specialists. [*Canadian Geriatrics Journal, 17\(3\), 95-102.*](#)
6. **Fox, M.T.** (2013). The Acute Care for Elders (ACE) model: Nursing interventions for optimal outcomes. [*Perspectives, Journal of the Canadian Gerontological Nursing Association, 36\(2\), 16-17.*](#)
7. **Fox, M., Persaud, M., Maimets, I., Brooks, D., O'Brien, K., & Tregunno, D.** (2013). Effectiveness of early discharge planning for older adults acutely admitted to hospital: A systematic review. [*BMC Geriatrics, 13:70.*](#)
8. **Fox, M.T., Sidani, S., Persaud, M., Maimets, I., Tregunno, D., & Brooks, D., O'Brien, K.** (2013). Acute Care for Elders (ACE) Components of Acute Geriatric Unit Care: Systematic Descriptive Review. [*Journal of the American Geriatrics Society, 61\(6\), 939 - 946.*](#)
9. **Wagner, L.M., Vaughan Dickson, V., Shuluk, J., Richards, J., Fox, M., & Capezuti, E.** (2013). Nurses' Knowledge of Geriatric Nursing Care in Canadian NICHE Hospitals. [*Perspectives, Journal of the Canadian Gerontological Nursing Association, 36\(3\), 6-14.*](#)
10. **Fox, M. T., Persaud, M., Maimets, I., O'Brien, K., Brooks, D., Tregunno, D., & Schraa, E.** (2012). Effectiveness of acute geriatric unit care using acute care for elders components: a systematic review and meta-analysis. [*Journal of American Geriatrics Society, 60, 2237-2245.*](#)

11. Jonas-Simpson, C., Mitchell, G. J., Carson, J., Whyte, C., Dupuis, S., & Gillies, J. (2012). Phenomenological shifts for healthcare professionals after experiencing a research-based drama on living with dementia. [*Journal of Advanced Nursing*, 68\(9\), 1944-1955.](#)
12. Janes, N., **Fox**, M., Lowe, M., McGilton, K., & Schindell-Martin, L. (2009). Facilitating best practice in aged care: Exploring influential factors through critical incident technique. [*International Journal of Older People Nursing*, 4\(3\), 166-176.](#)
13. Pimlott, N.J.G., **Persaud**, M., Drummond, N., Cohen, C.A., Sylvius, J.L., Seigel, K., Hollingworth, G.R., Dalziel, W.B. (2009). Family physicians and dementia care in Canada. [*Canadian Family Physician May 2009*, 55 \(5\) 508-509.e7](#)
14. Pimlott, N.J.G., Siegel, K., **Persaud**, M., Slaughter, S., Cohen, C., Hollingworth, G., Cummings, S., Drummond, N., Dalziel, W., Sylvius, J., Pringle, D., Eliasziw, T. (2006). Management of dementia by family physicians in academic settings. [*Canadian Family Physician Sep 2006*, 52 \(9\) 1108-1109.](#)

Theme 6: Aging policy and healthy aging promotion

Research concentrates on such topics including the impact of retirement and pension policies on older adults and the economy; the effect of long-term care policies and regulations on older adults; and sports & leisure programs that promote healthy aging.

6.1 Employment, retirement & aging

1. Higo, M. & Thomas R. **Klassen**, T.R. (2017) Reforms of Retirement Policies: Three Common Paths in Aging in Japan and Korea. [*Journal of Aging & Social Policy*, 29:1, 70-83.](#)
2. [*The Redirection Project: Movers, Shakers and Shifters*](#) Cannexus17, Ottawa, 2017
3. **Klassen** TR, Higo M (2016) Rapid Population Ageing and Reforms to Contractual Mandatory Retirement in Japan and South Korea. [*Journal of Gerontology Geriatric Research*. 5:350.](#)
4. Cook, S. L. (2015). Redirection: An extension of career during retirement. [*The Gerontological Society of America*, 55\(3\), 360-373.](#)
5. Hering, M., & **Klassen**, T.R. (2010). Strengthening Fairness and Funding in the Canada Pension Plan: Is Raising the Retirement Age an Option? [*Social and Economic Dimensions of an Aging Population Research Papers* 263](#), McMaster University.
6. **Klassen**, T.R. and Gillin, C.T. (2005). "Legalized Age Discrimination." [*Journal of Law and Social Policy* 20: 35-51.](#)
7. Gillin, C. T. and **Klassen**, T.R. (1995). "Age discrimination and mandatory retirement policies: A comparison of labor market regulation in Canada and the United States," [*Journal of Aging and Social Policy*, 7.1: 85-102.](#)

6.2 Sports & leisure programs for healthy aging

1. **Meisner, B. A.**, Hutchinson, S. L., Gallant, K. A., Lauckner, H., & Stilwell, C. L. (2019). Taking 'Steps to Connect' to later life: Exploring leisure program participation among older adults in rural communities. [*Society & Leisure*, 42\(1\), 69-90.](#)
2. Hutchinson, S. L., Lauckner, H., **Meisner, B. A.**, Gallant, K. A., & Silversides, C. (2017). Fostering self-determination and sense of belonging through leisure education: Reflections on the Steps to Connect program. [*Society & Leisure*, 40\(3\), 360-376.](#)
3. Manson, J., Rotondi, M., Jamnik, V., **Arden, C.**, & **Tamim, H.** (2013). Effect of tai chi on musculoskeletal health-related fitness and self-reported physical health changes in low income, multiple ethnicity mid to older adults. [*BMC Geriatrics*, 13\(114\), 1471-2318.](#)
4. Manson, J. & Ritvo, P. & Arden, C. & Weir, P. & **Baker, J.** & Jamnik, V. & Tamim, H. (2013). Tai Chi's Effects on Health-Related Fitness of Low-Income Older Adults. [*Canadian Journal on Aging / La Revue canadienne du vieillissement* 32\(3\), 270-277.](#)
5. **Meisner, B.**, Weir, P., & **Baker, J.** (2013). The relationship between aging expectations and various modes of physical activity among aging adults. [*Psychology of Sport and Exercise*, 14, 569-576.](#)
6. **Baker, J.**, Fraser-Thomas, J., Dionigi, R., & Horton, S. (2010). Sport participation and positive development in older persons. [*European Review of Aging and Physical Activity*, 7, 3-12.](#)
7. **Meisner, B.A.**, Dogra, S., Logan, A.J., **Baker, J.**, & Weir, P.L. (2010). Do or decline: Comparing the effects of physical inactivity on biopsychosocial components of successful aging. [*Journal of Health Psychology*, 15, 688-696.](#)
8. Baker, J., Meisner, B., Logan, J. Kungl, A.M., & Weir, P. (2009). Physical activity and successful aging in Canadian seniors. [*Journal of Aging and Physical Activity*, 17, 223-235.](#)
9. **Baker, J.**, **Meisner, B.**, Logan, J. Kungl, A.M., & Weir, P. (2009). Physical activity and successful aging in Canadian seniors. [*Journal of Aging and Physical Activity*, 17, 223-235.](#)
10. **Dogra, S.**, **Meisner, B.**, & **Baker, J.** (2008). Psychosocial predictors of physical activity in older aged asthmatics. [*Age and Ageing*, 37, 449-454.](#)

6.3 Long-term care policies and regulations for older persons

1. **Armstrong, P.**, Armstrong, H., & MacLeod, K. K. (2016). The threats of privatization to security in long-term residential care. [*Ageing International*, 41\(1\), 99-116.](#)
2. Banerjee, A., & **Armstrong, P.** (2015) Centring care: explaining regulatory tensions in residential care for older persons. [*Studies in Political Economy*, 95:1, p.7-28.](#)

3. Armstrong, H., **Armstrong**, P., & **Daly**, T. (2012). The thin blue line: Long term care as an indicator of equity in welfare states. [*Canadian Women Studies*, 29\(3\), 49-60.](#)
4. **Daly** T. (2007). Out of place: mediating health and social care in Ontario's long-term care sector. [*Canadian journal on aging = La revue canadienne du vieillissement*, 26 Suppl 1\(Suppl 1\), 63–75.](#)